

STARTERS & SALADS

- H FRESH WILD OYSTERS** each 28
Served on crushed ice with fresh lemon
- H LOCAL BLACK MUSSELS** 90
Mussels cooked in garlic lemon-butter sauce
- VH SOUP OF THE DAY** 60
A daily variation, please ask your waitron
- VH MEXICAN PAWPAW SALAD** 95
Freshly sliced pawpaw with sliced jalapeño, toasted coconut and lime-coriander dressing
- H ARNISTON PICKLED FISH** 110
Fresh hake marinated in a Malay curry and onion sauce, served with bread
- H SMOKED SALMON SALAD** 90
Smoked salmon with fresh avocado, feta and mixed salad leaves
- CAESAR SALAD** 80
Crispy lettuce with croutons, shaved parmesan, anchovy fillets and bacon bits with Caesar dressing
- H ARNISTON MARINER'S PLATTER** 155
Smoked snoek pâté, pickled fish, calamari salad, smoked salmon rosettes, marinated mussels, and a shucked oyster, with freshly baked homemade bread
- V MIXED LEAF SALAD** 70
Mixed herb lettuce leaves with Granny Smith apple and toasted almonds with olives and white-wine vinaigrette
- H PRAWN AND COCONUT SALAD** 125
Steamed and marinated vannamei prawns served with chilli, apple and lime salad dressing
- H BABY CALAMARI WITH TENTACLES** half 105 / 125
Grilled or flash-fried, served with steamed basmati rice



bistro

menu

TAPAS

- H SALT AND PEPPER SQUID** 135
Served with lemon aioli
- H SPANISH GARLIC PRAWNS** 125
Sautéed in garlic butter and smoked paprika, served with fresh ciabatta bread
- ARNISTON TAPAS PLATTER** 165
Assorted cheeses, sliced cold meats and olives, served with fig jam and fresh ciabatta bread

MIX & MATCH

- H BUFFALO WINGS** 65
Served with blue cheese dipping sauce
- VH MOZZARELLA BALLS** 55
Fried mozzarella and sun-dried tomato balls served with basil pesto dip
- VH CRUMBED MUSHROOMS** 45
Served with sweet chilli sauce

SUSHI

- H CALIFORNIA ROLLS / URAMAKI (4 PC)** 70
Rice on the outside, with avocado and the filling of your choice
- NORWEGIAN SALMON / SMOKED SALMON TROUT PRAWN
- DEEP-FRIED CRUNCHY ROLL
- TUNA PLAIN / SEARED (ON AVAILABILITY)
- H TEMPURA PRAWN HAND ROLL** 110
Traditional seaweed and rice hand roll filled with tempura prawn, avocado, ginger and wasabi
- H NIGIRI (4 PC)** 95
Rice with a topping of your choice
- NORWEGIAN SALMON / SMOKED SALMON TROUT PRAWN
- DEEP- OR PAN-FRIED ARNISTON CALAMARI
- H MAKIMONO / MAKI (8 PC)** 80
Seaweed on the outside, with rice inside and the filling of your choice
- NORWEGIAN SALMON / SMOKED SALMON TROUT PRAWN
- TUNA PLAIN / SEARED (ON AVAILABILITY)
- AVOCADO AND CREAM CHEESE
- H TRADITIONAL FASHION SANDWICHES (4 PC)** 95
Rice both sides with avocado and the filling of your choice
- NORWEGIAN SALMON
- PRAWN
- WASABI PRAWN / WASABI SALMON

MAINS

- H FISH OF THE DAY** 175
Fresh line fish brushed with garlic, grilled and served with lemon-butter sauce and chips or rice
- H CAJUN HAKE** 155
Cajun-fried hake served with savoury rice or chips and sauce tartare
- H ARNISTON COMBO** 180
Calamari strips, grilled line fish and prawns served with savoury rice and lemon-butter sauce
- H CALAMARI** 120
Tender calamari strips lightly dusted in flour, flash-fried, served with sauce tartare and chips
- H ARNISTON HOTEL'S FAMOUS FISH CAKE** 125
A nice big fish cake made from fresh local fish, served with lemon-butter sauce and chips
- H PINT OF PRAWNS** 185
Flash-fried prawns served with steamed basmati rice or chips and sweet chilli sauce
- VH BROCCOLI PESTO PASTA** 135
Broccoli and roasted vegetables served with penne pasta and a pesto cream sauce
- SPAGHETTI AND PRAWNS** 145
Prawns, mushrooms and bacon, sautéed in a white-wine and garlic cream sauce with wilted rocket
- VH BUTTERNUT AND SAGE RAVIOLI** 175
Butternut, sage and sunflower seed ravioli served with arrabbiata sauce
- H CHICKEN AND PRAWN THAI CURRY** 180
Chicken breast strips and prawn tails, simmered in coconut milk and Thai curry spices – an all-time favourite
- H BUFFALO BEEF BURGER** 115
Grilled beef patty topped with buffalo sauce, blue cheese and fried onion
- H CHICKEN BURGER** 115
Fried chicken burger marinated in buttermilk and topped with honey-mustard mayo
- H SPRINGBOK BURGER** 155
Topped with caramelised onion and Brie cheese
- VH BRIE, FIG AND AVOCADO SANDWICH** 95
Local brie cheese with avocado and preserved figs on toasted focaccia
- AGED SIRLOIN STEAK** 210
Grilled sirloin steak, topped with garlic, honey and chilli butter, served with chips

- T-BONE STEAK** 210
500 g T-bone steak grilled and brushed with our smoky BBQ sauce, served with chips or baked potato
- FLAME-GRILLED SMOKED SPARE RIBS** 195
Pork ribs, basted with our chef's special BBQ sauce
- GRILLED PORK CHOPS** 180
Grilled pork loin chops with chips or baked potato

KIDDIES MENU

- H KIDDIES CALAMARI** 65
Tender calamari strips dusted in seasoned flour and flash-fried, served with sauce tartare
- H BEEFY BURGER** 65
Beef patty garnished and served with chips
- H CHICKEN BURGER** 65
Grilled chicken fillet garnished and served with chips
- H SPAGHETTI AND MEATBALLS** 60
Ground beef cooked in rich tomato sauce and served with spaghetti
- H MACARONI AND CHEESE** 55
Traditional baked mac and cheese
- H FISH FINGERS** 60
Crumbed hake fingers served with chips
- VH KIDDIES PIZZA** 65
Classic margherita base with any 3 toppings: mushrooms, pineapple, ham or chicken
- VH KIDDIES POPCORN** medium 25 / large 35
Choose your seasoning: cheese, salt and vinegar, chutney or cheese and chives

YUMMY SANDWICHES

We offer a delicious selection of sandwiches. Please ask your waitron.

SOMETHING SWEET FOR THE KIDS

- H BANANA SPLIT** 60
Peeled banana split with vanilla, strawberry and chocolate ice cream topped with nuts, berries and chocolate sauce
- H BELGIAN WAFFLES** 60
Topped with vanilla ice cream and chocolate sauce
- H TRIO OF ICE CREAM** 55
Oreo, lime and strawberry flavours

GOURMET PIZZA

Gluten-free OR Cauliflower Base add 35

- VH MEDITERRANEAN PIZZA** 95
Aubergine, olives, sliced mushrooms and peppers, topped with mozzarella
- H SMOKED SALMON PIZZA** 145
Margherita base with smoked salmon and avocado
- H BUTTER CHICKEN PIZZA** 95
Shredded chicken and red onion with coriander and yoghurt drizzle
- VH 'OLD FAVOURITE' THREE CHEESE MARGHERITA** 90
Our classic tomato base, topped with mozzarella, halloumi and feta, drizzled with basil pesto
- TRADITIONAL CLUB PIZZA** 95
Gypsy ham, bacon and grilled chicken with our homemade sauce
- H MEXICAN PIZZA** 95
Ground beef, jalapeños, green pepper and onion, drizzled with our homemade Mexican sauce

DESSERTS

- H CARAMEL BROWNIE** 70
Served with peanut-butter ice cream
- H PASSION FRUIT AND COCONUT TART** 65
A blend of coconut cream, mascarpone and passion fruit in a flaky, sweet short crust
- H BAKED CHEESECAKE** 70
Served with macerated berries
- H ARNISTON CHEESE BOARD** 155
Local South African cheeses, served with homemade chutney, preserves and biscuits
- H BANANA AND BUTTERSCOTCH WAFFLES** 70
Served with vanilla ice cream
- H CHOCOLATE FUDGE SUNDAE** 70
Layers of vanilla ice cream, peanut-butter ice cream, choc-chip cookie crumbs and chocolate fudge sauce
- H PASSION FRUIT FOOL** 65
Sweetened whipped cream with exotic tart flavour