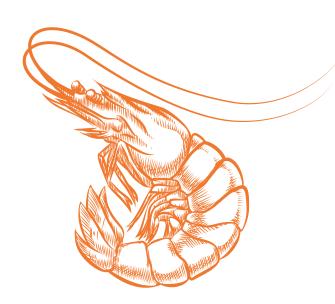
# bistro-MENU-





## STARTERS & SALADS

٧	TRADITIONAL GREEK SALAD	55
Н	<b>SOUP OF THE DAY</b> A daily variation, please ask your waitron	55
Н	FRESH WILD OYSTERS each Served on crushed ice with fresh lemon	h 28
	LOCAL BLACK MUSSELS  Mussels braised in creamy garlic and white-wine sauce	60
Н	BABY CALAMARI WITH TENTACLES half 95 And Grilled or flash-fried, served with steamed basmati rice and garnished with salad	120
V	MEDITERRANEAN BUDDHA BOWL (VEGAN) Roasted cauliflower, falafel, hummus, olives, beetroot and pickled red cabbage	115
V	MIXED-HERB GRAPEFRUIT SALAD (VEGAN) Mixed-herb salad leaves with dried cranberries, sliced almond and grapefruit segments, served with honey-mustard dressing	60
Н	MARINER'S PLATTER  Smoked snoek pâté, smoked salmon rosettes, calamari salad, marinated mussels, smoked mackerel and a shucked oyster	145
Н	PAWPAW AND GOAT'S CHEESE SALAD Freshly sliced pawpaw, goat's cheese and salad leaves served with a brazil-nut-and-lime dressing	95
	TAPAS	
Н	FISH AND SHELLFISH Spanish garlic prawns, grilled baby calamari, Spanish mushrooms and fried sardines.	180

### F

**VH CRUMBED MUSHROOMS** 

Served with sweet chilli sauce

130

Spanish mushrooms and fried sardines, served with garlic aioli and bread rolls

EARLY BIRD

Salami, ham and prosciutto, served sliced with marinated olives, marinated feta, sun-dried tomato, basil pesto and bread rolls

### SUSHI

NORWEGIAN SALMON PRAWN WASABI PRAWN / WASABI SALMON	
H ROSES (4 PC)	90
CALIFORNIA ROLLS (4 PC)  NORWEGIAN SALMON / SMOKED SALMON TROUT  PRAWN  DEEP-FRIED CRUNCHY ROLL	65
H MAKIMONO (8 PC)  NORWEGIAN SALMON / SMOKED SALMON TROUT  PRAWN  AVOCADO AND CREAM CHEESE	65
H ARNISTON DESIGNER ROLLS (4 PC) All rolls are inside-out with filling inside and toppings outside CHEF'S SPECIAL Salmon and avocado on the inside with our Chef's secret mix on the outside ARNISTON SEASIDE DESIGN Prawn and avocado on the inside, topped with deep-fried prawn pieces and our Arniston secret sauce	85
H NIGIRI (4 PC)  NORWEGIAN SALMON / SMOKED SALMON TROUT  PRAWN	90
MIX & MATCH	
H HONEY SOY WINGS	40

35

#### MAINS SPRINGBOK BURGER 140 KIDDIES MENU Topped with blue cheese cream and deep-fried onion rings H KIDDIES CALAMARI H FISH OF THE DAY 165 60 H BRIE. FIG AND AVOCADO SANDWICH 95 Fresh line fish, brushed with garlic, grilled and Tender calamari strips dusted in seasoned flour Local brie cheese with avocado, sliced tomato served with lemon-butter sauce and chips or rice and flash-fried, served with tartar sauce and preserved figs on toasted focaccia **H** GRILLED HAKE 140 KIDDIES SPARE RIBS 75 With lemon-butter sauce and savoury rice or chips Flame-grilled and basted with Chef's special BBQ sauce PI77A 170 H CHICKEN BURGER 60 H ARNISTON COMBO Calamari, grilled line fish and prawns served Grilled chicken fillet topped with lettuce, tomato and add 35 Gluten Free Base with savoury rice and lemon-butter sauce cucumber, served with chips and a small salad add 35 Cauliflower Base H ARNISTON HOTEL'S FAMOUS FISH CAKE **BEEFY BURGER** 115 60 A nice big fish cake made from fresh local fish, VH MEDITERRANEAN PIZZA 95 Beef patty topped with lettuce, tomato and drizzled with lemon-butter sauce and served with chips gherkin, served with chips and a small salad Aubergine, olives, sliced mushrooms and peppers, topped with mozzarella H CHICKEN AND PRAWN THAI CURRY H CHICKEN SCHNITZEL CHEDDAR MELT 160 105 Chicken breast strips and prawn tails, simmered in VH 'OLD FAVOURITE' 95 Crumbed chicken breast topped with coconut milk and Thai curry spices - an all-time favourite THREE CHEESE MARGHERITA cheddar cheese and served with chips and salad Our classic tomato base, topped with mozzarella. **'OLD FAVOURITE' SPAGHETTI BOLOGNESE** VH SPINACH RAVIOLI 170 60 halloumi and feta, drizzled with basil pesto Spinach ravioli and artichoke, served with Beef mince braised in tomato sauce, served TRADITIONAL CLUB PIZZA 95 sun-dried-tomato and caper sauce with spaghetti and topped with cheddar cheese Gypsy ham, bacon and grilled chicken with **H** CALAMARI 110 **H** FISH FINGERS 45 our homemade sauce Tender calamari strips, grilled or flash-fried, Crumbed hake fingers served with chips **H MEXICAN PIZZA** 95 served with tartar sauce and chips KIDDIES PIZZA 55 Ground beef, jalapeños, green pepper and onion, SPAGHETTI AND PRAWNS 120 drizzled with our homemade Mexican sauce Choose any 3 toppings: Prawns, mushrooms and bacon, sautéed in mushrooms, pineapple, ham or chicken H BUTTER CHICKEN PIZZA 95 a white-wine and garlic cream sauce Shredded chicken and red onion **Yummy Sandwiches VH CAPONATA PASTA** 120 with coriander and yoghurt drizzle Penne pasta cooked in a tomato sauce with CLASSIC HOT DOG 65 fried aubergine, capers and olives Chicken hot dog served with bolognese sauce DESSERTS and topped with cheddar cheese 205 AGED SIRLOIN STEAK Grilled sirloin steak, topped with CHICKEN MAYO. BACON AND CHEESE ROLL 65 chilli butter and served with chips **H** ARNISTON CHEESE BOARD 145 Toasted chicken mayo roll with bacon, topped Local South African cheeses, served with with cheddar cheese and served with chips MARINATED T-BONE STEAK 205 homemade chutney, preserves and biscuits 500 g T-bone steak topped with MEATBALL SUB SANDWICH 65 **H** CHOCOLATE BROWNIE 60 miso butter and served with chips or baked potato Homemade meatballs topped with Italian marinara Served with vanilla ice cream sauce on a toasted bun with melted mozzarella cheese FLAME-GRILLED SMOKED SPARE RIBS 170 H MALVA PUDDING 60 Tender pork ribs, basted with our Chef's Served with custard and vanilla ice cream **Something Sweet** special BBQ sauce H CROISSANT BREAD & BUTTER PUDDING 50 ICF CREAM WAFFI F SUNDAF 45 DOUBLE CHEESEBURGER 105 Served with custard Traditional waffles topped with fresh fruit. Double beef cheeseburger with spicy, smoky bacon vanilla ice cream and chocolate sauce **H** STICKY TOFFEE SUNDAE 65 105 H CHICKEN BURGER Served with cherry compote TRADITIONAL CHOCOLATE BROWNIE 45 Lime-and-chilli marinated chicken breast, grilled VANILLA ICE CREAM & CHOCOLATE SAUCE Served with vanilla ice cream and served with Greek yoghurt and fresh avocado

V vegetarian H halaal