



ARNISTON  
SPA HOTEL



room service

# menu

**To place an order, please dial 9 for Reception**

A 10% tray charge per order applies

# SUSHI

We use only the freshest ingredients for our sushi – served with ginger and wasabi

## Makimono / Maki (8 pc) R65

**Seaweed on the outside with less rice inside and the filling of your choice**

Norwegian salmon / Smoked salmon trout

Prawn

Plain / seared tuna (if available)

## Traditional Fashion Sandwiches (4 pc) R80

**Rice both sides with avocado and the filling of your choice**

Norwegian salmon

Prawn

Wasabi prawn / Wasabi salmon

## Roses (4 pc) R85

Prawn Rock 'n Roll with a sweet chilli sauce, Japanese mayo and Japanese seven-spice mix

Salmon topped with Japanese mayo and caviar

Salmon topped with our Chef's secret mix

## Arniston Designer Rolls (8 pc) R140

**All rolls are inside-out with fillings on the inside and toppings on the outside**

### Chef's Special

Salmon and avocado on the inside with our Chef's secret mix on the outside

### Arniston Seaside Design

Prawn and avocado on the inside, topped with deep-fried prawns and our Arniston secret sauce

### Yokohama Rainbow

Salmon and avocado on the inside, topped with thin slices of salmon and avocado on the outside

### Cucumber California Roll

Filled with your choice of salmon or prawn

### Golden Seaweed Roll

Sushi roll wrapped in golden seaweed and filled with your choice of salmon or prawn

### Panko Fashion Sandwich

Fashion sandwich with crunchy panko and your choice of prawn or salmon filling

# MAINS

## Black Mussels R75

Local black mussels, cooked in tomato-and-chorizo sauce and served with smoked paprika fries

## H Fish of the Day R140

Fresh line fish, lightly brushed with garlic, grilled and served with lemon-butter sauce and chips or rice

## H Arniston Mariner's Platter R135

Smoked snoek pâté, pickled fish, smoked salmon rosettes, calamari salad, marinated mussels, smoked mackerel and a shucked oyster, served with freshly baked homemade bread

## H Arniston Combo R155

Calamari, line fish and prawns served with savoury rice and lemon-butter sauce

## Spaghetti and Prawns R110

Prawns, mushrooms and bacon, sautéed in a white-wine and garlic cream sauce, topped with wilted rocket

## VH Brinjal Parmigiana Lasagne R110

Oven-baked layered eggplant and roasted butternut parmigiana lasagne

## H Chicken and Prawn Thai Curry R130

Chicken breast strips and prawn tails, simmered in coconut milk and Thai curry spices – an all-time favourite

## VH Mediterranean Pizza R90

Aubergine, olives, sliced mushrooms and peppers topped with mozzarella

## Traditional Club Pizza R95

Gypsy ham, bacon and grilled chicken with our homemade sauce

## H Mexican Pizza R95

Ground beef, jalapeños, green pepper and onion, drizzled with our homemade Mexican sauce

## HG Marinated T-Bone Steak R185

500 g grilled T-bone steak, topped with miso butter and grilled vine tomatoes

## Flame-grilled Smoked Spare Ribs R145

Tender pork ribs, basted with our Chef's special BBQ sauce

# DESSERT

## Lemon Meringue Pie R50

Traditional lemon meringue pie served with orange confit

## Arniston Cheeseboard R105

Local South African cheeses, served with homemade chutney, preserves and biscuits

## Toffee Apple Brioche-and-Butter Pudding R50

Served with clotted cream

## Sticky Toffee Sundae R55

Served with cherry compote

## Cardamom Panna Cotta R55

Individual panna cotta infused with cardamom, served with ginger cherries

## Miso Crème Brûlée R55

Classic crème brûlée with a twist, served with fruit compote and biscotti

# Kiddies Menu

Welcome to Captain Arnie's Cabin

## Something for a Start

- Niçoise Salad R35  
Traditional Niçoise with tuna, green beans, baby potatoes, cherry tomatoes and olives
- Sweet Potato and Salami Balls R30  
Sweet potato and salami balls, crumbed, deep-fried and drizzled with basil pesto
- Maple-Carrot Soup R30  
Drizzled with Bulgarian yoghurt and toasted pumpkin seeds

## For the Hungry

- Kiddies Calamari R45  
Tender calamari strips dusted in seasoned flour and flash-fried. Served with tartar sauce
- Kiddies Spare Ribs R60  
Flame-grilled and basted with Chef's special BBQ sauce
- Grilled Chicken Burger R50  
Topped with lettuce, tomato and cucumber. Served with chips
- Beefy Burger R50  
Topped with lettuce, tomato and gherkin. Served with chips
- Chicken Schnitzel Cheddar Melt R40  
Crumbed chicken breast topped with cheddar cheese. Served with chips
- Old Favourite Spaghetti Bolognese R50  
Beef mince braised in tomato sauce, served with spaghetti and topped with cheddar cheese
- Fish Fingers R40  
Crumbed hake fingers served with chips
- Kiddies Pizza R45  
Choose any 3 toppings: mushrooms, pineapple, ham and chicken

## Yummy Sandwiches

- Classic Chicken Hot Dog R40  
Chicken hot dog served with bolognese sauce and topped with cheddar cheese
- Chicken Mayo, Bacon and Cheese Roll R45  
Toasted chicken mayo with bacon, topped with cheddar cheese and served with chips
- Meatball Sub R55  
Homemade meatballs topped with Italian marinara sauce on a toasted bun with melted mozzarella cheese

## Something Sweet

- Ice Cream Waffle Sundae R35  
Traditional waffles topped with fresh fruit, vanilla ice cream and chocolate sauce
- Caramel Popcorn Brownie R30  
Served with vanilla ice cream
- Mississippi Mud Pie R30  
Moist chocolate cake, served with vanilla ice cream

