



**THE ARNISTON
SPA HOTEL**



CONFERENCES AND EVENTS

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The Arniston Spa Hotel

Set in one of the Overberg's most exquisite locations next to the 120-year-old fishing village of Kassiesbaai, the 4-star Arniston Spa Hotel is the pearl on this rugged Cape coastline – a haven of tranquillity and old-world charm.

Located a mere two hours from Cape Town, you are welcomed by panoramic views of unspoilt ocean and endless beaches.

Our hotel's understated elegance is matched by staff dedicated to making you feel at ease.

Luxurious accommodation is provided, and the elegant single, double and twin rooms offer comfort and amenities of **world-class standard**.

Our **two restaurants** offer mouth-watering meals, and the sophisticated menus are complemented by an award-winning wine list of top local wine producers. We also offers a number of other dining options in the area.

The **elegant conference venue** on the first floor is fully equipped with modern multimedia technology and can host up to 100 delegates, while the wine cellar is an intimate venue for 30 guests, ideal for a board meeting or private dinner.



Arniston and the surrounding areas offer a host of activities to enhance your conference, incentive or event package. The spa is operated by the renowned **Ginkgo Wellness Group** and offers a **wide range of treatments to pamper you and calm your mind**.

Arniston, a favourite haunt of painters and frequently photographed, is a peaceful hamlet that soon befriends its visitors. The majesty of this last outpost on the southern Indian Ocean holds an eternal appeal, particularly for the romantic-at-heart.



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Conference Facilities

Conference Suite



Size: 108 m²

Seating:

- Boardroom: 18
- U-shaped: 24
- School room: 60
- Theatre style: 100

Electrical sockets: 8

Projector screen: 2 x 2 m fixed projector screen

Situated: First floor of the hotel, reached by stairs or lift

Features:

- Windows with blackout curtains
- Controllable lighting
- Large tiled veranda for breaks and smokers
- Large area for registration, refreshments, product sampling and displays
- Separate toilet facilities for men and women



The Cellar



Size: 108m²

Seating:

- Boardroom: 12
- Banquet-style: 30

Electrical sockets: 4

Projector screen: 1,5 x 1,5 m portable projector screen

Equipment Supplied

- Flip charts
- White boards
- Data projector
- Overhead projector
- Video projector
- PA system with microphone
- Television
- VCR/DVD
- Wireless internet connectivity
- Pens and note pads
- Beverages such as tea, coffee, cordials and bottled water



Rooms

All 60 rooms are tastefully furnished, each with a full en suite bathroom, a minibar (stocked on request), facilities for making coffee/tea, and satellite television. Wireless internet access is available in all the rooms. Extra beds can be added for children.



Four types of rooms are available:

- Pool-facing
- Superior sea-facing
- Luxury sea-facing
- Ground-floor sea-facing

There are 29 sea-facing and 31 pool-facing rooms.

Pool-facing rooms have balconies overlooking the crystal-clear hotel pool - some with partial sea views.

All sea-facing rooms have sweeping views of the ocean.

Luxury sea-facing rooms have separate lounge areas. Some of the rooms have fireplaces.

The conference room is on the first floor and the Ginkgo Spa on the second floor.



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Dining Options

Option 1:

Hotel Restaurant

For bigger groups. Large tables are set in the main restaurant and delegates have the option of an à la carte, buffet or set menu.



Option 2:

Bar/Patio Area

This is a more informal dining area. The bistro has a beautiful seawater aquarium and leads onto a large patio, which overlooks the Indian Ocean. Menu options are the same as above.

Option 3:

Hotel Cellar

This private venue with its relaxed atmosphere offers a great opportunity for team building. It is transformed for the perfect dining experience when a long table is set and plenty of candles are lit. Menu choices are the same as above. Maximum of 30 people.

Option 4:

Fish Braai (weather permitting)

Come and enjoy a relaxed evening around the hotel pool in the courtyard. We encourage our guests to choose their own fish directly from the community's small commercial fishing fleet when they return from the day's fishing. The fish is then prepared in the hotel's kitchen, and served with a variety of other seafood and meat dishes.

Option 5:

Kassiesbaai (private dining venue)

This is a community project in historical Kassiesbaai, a living monument village where guests are looked after by the "retired ladies" of the village.

A mere 800 m from the hotel you will be hosted in a typical limestone home with thatched roof and a wood-burning stove. The food is local fare, especially fresh fish.

Dinner options are included in the package rate. Sample menus are also available on request.



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Leisure Activities

If you have some leisure time or wish to do team building, we offer a host of unique activities in and around our hotel.

Arniston Ginkgo Spa

Operated by the **Ginkgo Spa & Wellness Group**, our spa offers a wide variety of skin and body treatments, as well as the unique Rasul, a Turkish-inspired mud/steam bath. Please pre-book all treatments to avoid disappointment.



L'Agulhas/Struisbaai

Take a trip to the southernmost tip of Africa and stand at the end of a continent. Observe the meeting of two oceans and note the unique coastal vegetation.

Beaches and swimming

Choose between the hotel's swimming pool or the warm Indian Ocean. Body boards are available and there are two safe beaches for swimming.

Boating

Take a boat trip from Struisbaai harbour into the bay, where you might have a close encounter with a school of dolphins or Southern Right whales.

Bredasdorp

Discover this quaint town. Visit the only shipwreck museum in the southern hemisphere and the world-renowned Kapula Gallery and candle factory shop.

Cycling

Arniston is a great area for cycling, with little traffic on the road and interesting off-road mountain bike tracks. The hotel has bicycles for guests.

Sundowners on the beach or on the dunes

We can drive you as close as possible and then you have to climb the dune, carrying your drinks. From the vantage point you can watch the sun set and observe the sea and sand dunes change colour.

Volleyball

We can set up a court on the beach or on the lawn in front of the hotel.

Waenhuiskrans

This is a famous landmark. The village gets its Afrikaans name from this wonderful sea cave, accessible only at low tide and called thus because it was large enough to turn a span of oxen towing a wagon. The English name originates from the East India sailing ship, the Arniston Transport, wrecked off the coast in 1815 with a loss of lives surpassed only by the Titanic. The wreck of the Arniston lies exposed on a sandy beach about a 2 km walk from the hotel.

Walking

There are many walks along unspoilt stretches of beach. A favourite is the De Mond nature reserve.



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Quick-reference guide to facilities

In Room Facilities	Available	By Arrangement	Hotel Facilities & Services	Available	In Area	Conference Facilities	Available	Info	Off site	Available	By Arrangement
Queen Size Bed	●		Reception (24hrs)	●		Conference Room	12 x 9 x 3 m On 1 st floor		Horse Riding		■
Extra Mattress	●		Air Con	●		Boardroom Style	●	18	Golf		■
Bathroom En Suite	●		Business Facilities	●		U-shaped	●	24	Tennis		■
Air Con		■	Safe (at reception)	●		School Room	●	60	Volley Ball	●	
Ceiling Fans	●		Wheelchair Access	●		Theatre	●	100	Cycling	●	
Underfloor Heating	●		Bar (fully licenced)	●		Banquet	●	0	Mountain Biking		■
Fireplace		■	Restaurant	●		Projector Screen	●	2 x 2 m	Tractor Rides		■
Disabled Equipment	●		Health Spa	●		Dimmers	●		Hiking		■
Wheelchair Friendly	●		Guest Lounge with TV	●		Windows	●		Quad Biking		■
Patio / Veranda Balcony	●		Swimming Pool (Outside)	●		Blackout	●		Scuba Diving		■
TV with Satellite	●		Child Friendly (all ages)	●		Sockets	●	8	Bird Watching	●	■
Bar Fridge	●		Child Care / Baby sitting	●		Wine Cellar	11 x 3.6 x 3 m		Fishing	●	■
Minibar		■	Housekeeping (daily)	●		Boardroom Style	●	12	Game		■
Tea & Coffee	●		Laundry Service	●		Banquet	●	30	Whale Watching	●	Jul-Nov
Desk	●		Foreign Exchange	●					Cultural	●	■
Area Info Booklet	●		Wake Up Calls	●		Dimmers	●		Wine Tasting	●	■
Telephone (direct dial)	●		Security (guard)	●		Windows	●		Safe	●	■
Safe	●		Parking (off street)	●		Blackout	●		Galleries / Museums	●	■
International Plug Point	●		Smoking (only outside)	●		Sockets	●	4			
Bathrobes	●		Airport Transfers (up to 9 people) 180 km		By Arrangement	Overhead Projector	●		Languages Spoken		
Bath Towels	●		Pets	Not Allowed		Video Projector	●		English	Afrikaans	German by arrangement
Beach Towels	●		Parking (garage)	No		Data Projector	●				
Complimentary Toiletries	●		Garden	●		White Board	●		Credit Cards Accepted		
Hair Dryer	●		Secretarial Services 25 km		■	Flip Chart	●	4	Visa	Diners	American Express
Wireless Internet	●		Shopping Centre 25 km		■	Internet Connectivity	●		Mastercard		
No Smoking Inside	●		Dry Cleaning 130 km	No		Wireless Connectivity	●		BEE		
Room Service	●		Gym / Fitness Centre	No		Video Conference	●		Level 5	64.8%	
Cot / High Chair etc.	●		Swimming Pool (heated)	No		PA System	●				
Clock Radio	No		ATM / Banking 25 km		■	Television	●		Location		
DVD Player	No					VCR	●		Rural	2 hrs From Cape Town	
Hi Fi	No					Dinner Options	●				
						Menu Options	●				

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Contact Us

Arniston was voted by Time magazine as one of the world's top 10 hideaways.

We are a privately owned and managed hotel. We value your business and would like to thank you for considering the Arniston Spa Hotel as a possible venue for your conference. We would be delighted to host your important event and welcome you to our village. We can arrange tailor-made packages to suit all your conference requirements. **Packages start from as little as R300 per person for a day conference.**

For a free personalised quote

Please contact **Riaan Griesel**, hotel manager.

Tel: **028 445 9000**

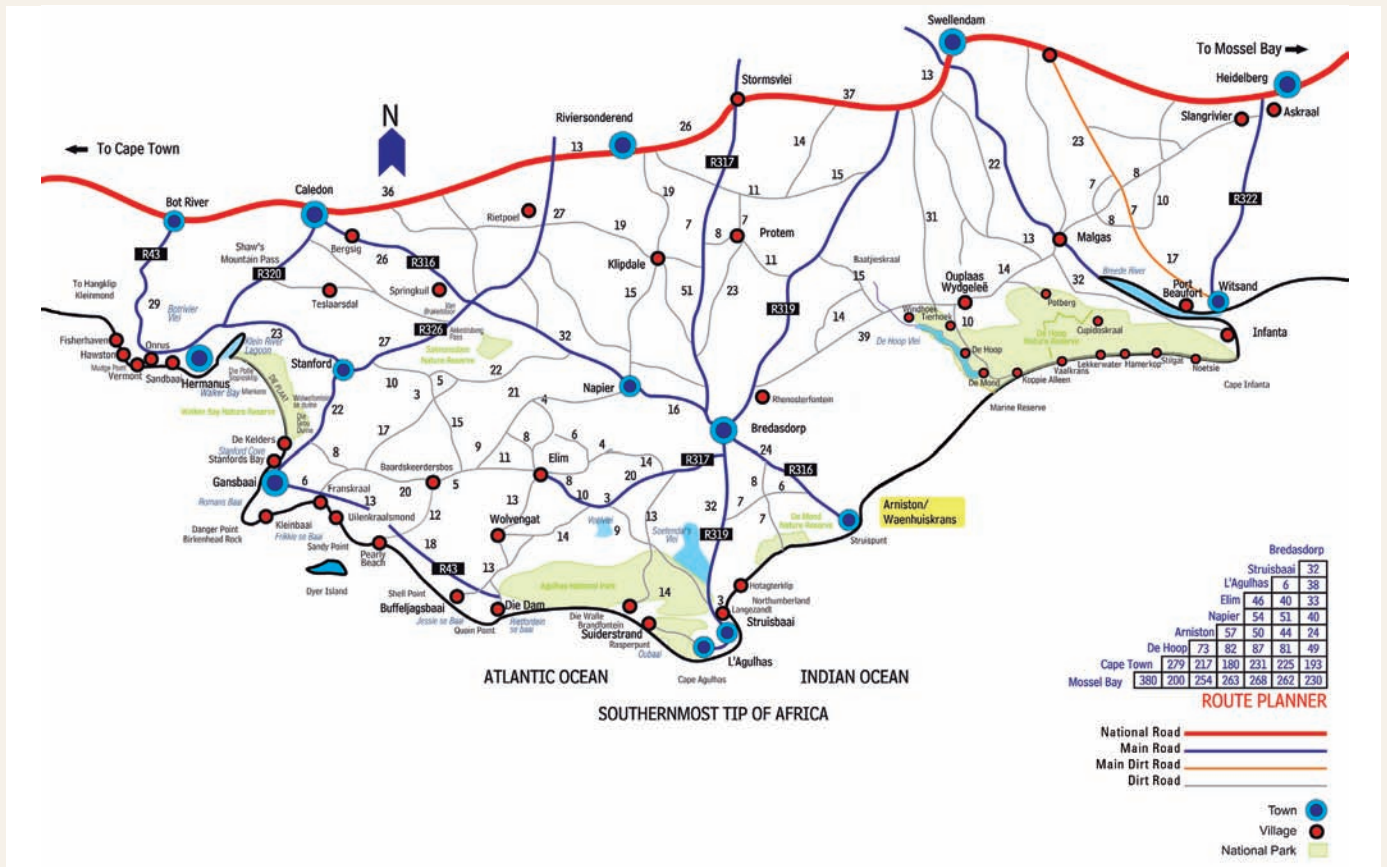
E-mail: **riaan@arnistonhotel.com**

Quoting code ARNFP2010

Airport Transfers

We can collect or drop off up to nine people at Cape Town International Airport. This service is by arrangement only.

We look forward to welcoming you to the Arniston Spa Hotel in the near future.



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