



## Ginkgo Spa - Rate Sheet 2024

www.ginkgospa.com

### SPA TOUCH THERAPIES

Rasul (Arniston and Houw Hoek)	45min	1 pers. 400
	2 ppl.	550
	3 ppl.	700
	4 ppl.	850
Sauna	20 min	1 pers. 200
Ginkgo "Elixir" © Signature Massage	50 min	890
Ginkgo Magnesium Signature Massage	60 min	980
Ginkgo "Ataraxia" © Massage	90 min	1200
Ginkgo Hot Stone Massage	75 min	1100
Back and Neck Massage	30 min	480
Nutritive Pre-Natal Back, Neck & Shoulder Massage	30 min	490
Nutritive Pre-Natal Full Body Massage	60 min	980
Traditional Swedish Massage	50 min	890
Deep Tissue Personalised Sports Massage	50 min	980
	80 min	1500
Pressure Point Foot Massage	30 min	490
	50 min	890
Additional Massage Time per massage	10 min	120

### SPA BODY TREATMENTS

Ginkgo Organic Salt & Herb Body Glow Exfoliation	30 min	490
Ginkgo Detox – Full Body Wrap	40 min	890
Ginkgo Deep Conditioning Hair & Scalp Treatment	20 min	450
Detox Hot Spa Bath (Available in Houw Hoek)	20min	450

### FACIAL SKIN CARE TREATMENTS - Includes a personalised consultation, brow shape & a 10-minute foot, hand, or scalp massage

BABOR Men's Skincare Treatment	60 min	980
BABOR Classic Facial & Executive Anti-Stress Back Massage	80 min	1200
BABOR Express Cleanse	45 min	700
BABOR Classic Facial	60 min	980
BABOR Age-Defying Facial Treatment	75 min	1200
Add Ampoule Crash	Each	250
Add Algae Peel Mask	Each	350

### MANICURES AND PEDICURES – Essential Care for the Hands & Feet

Signature MediHand Manicure	60 min	500
Signature MediHeel Pedicure	60 min	520
Gel Manicure	75 min	530
Gel Pedicure	75 min	560
Gel Soak off	20min	220
MediHeel Foot Treatment	30 min	350
MediHeel Peel – Heel Corrector Treatment	15 min	210

*Several Ginkgo Trees stood near the detonation site of the nuclear bomb dropped on Hiroshima. They not only survived the blast, but they fully recovered and are still standing. It is now regarded as a symbol of endurance and vitality.*



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**GINKGO LEAF COLLECTION**

*A Collection of Treatments especially designed for those indulgent and invigorating moments – Includes 20min Sauna Session*

**“De-Stress-Express” - De-stressing tune-up after a long day**

*Hair & Scalp Conditioning Massage, Back & Neck Massage, Pressure Point Foot Massage*

1hr 20min  
1200

**“Renaissance” - The focus is on the body.**

*Signature Manicure & Pedicure, Elixir Massage*

2hrs 50min  
1500

**“Time Out” – A few minutes of luxury Bliss!**

*Age-defying facial with Babor, Elixir Massage, Signature Pedicure*

2hrs 50min  
1900

**“Debutante” - Treatments perfect for first-time Spa guests**

*Ginkgo Full Body Exfoliation, Elixir Massage, Babor Classic Facial*

2hrs 20min  
1900

**“For Me” - customize your package.**

*Please ask the Spa Desk for assistance & more information.*

*2-hour Package*

1800

*3-hour Package*

2400

**“Executive Renewal” - A Selection of Treatments for the professional**

*Elixir Massage, Signature Manicure & Pedicure, Age-Defying Facial with Babor*

4hrs 05min  
2500

**“Tranquility” – A wonderful day of extraordinary service and pampering**

*Detox Body Wrap, Elixir Massage, Babor Classic Facial, Signature Manicure & Pedicure*

4hrs 45min  
3200

**“Mother-To- Be” – Precious Moments of Total Relaxation**

*Full Body Exfoliation, Nutritive Pre-Natal Full Body Massage, Relaxing Hair & Scalp Treatment, Signature Manicure & Pedicure and Classic BABOR Facial*

4hrs 50min  
3100

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*But in the shade of the Ginkgo Tree, I'm able to feel, if only in moments, why I am here—that I am here to pay attention. I am here to love and to be loved, and to know and to not know. And most of all, I am here to be. To be not just on this planet, but with it.*

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