

## Ginkgo Luxury Spa Arniston - Rate Sheet

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### SPA TOUCH THERAPIES

Exotic Steam Rasul 45 min	1 person	440	2 persons	550
	3 persons	660	4 persons	770
Steam or Sauna			20 min	100
Ginkgo "Elixir"® Signature Massage			50 min	700
Ginkgo "Ataraxia"® Massage			90 min	980
Ginkgo Hot Stone Massage			75 min	870
Aroma Massage			50 min	700
Back and Neck Massage			20 min	300
			50 min	700
Omega Pre-Natal Back, Neck & Shoulder Massage			30 min	400
Traditional Swedish Massage			50 min	700
Deep Tissue Personalised Sports Massage			50 min	750
			80 min	1100
Pressure Point Foot Massage			50 min	700
Additional Massage Time per massage			10 minutes	80

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### SPA BODY TREATMENTS

BABOR SPA Energizing Body Treatment	75 min	820
BABOR SPA Balancing Body Treatment	75 min	820
Kalahari Desert Glow Exfoliation	30 min	350
Ginkgo Detox Body Wrap	60 min	700
Deep Conditioning Hair & Scalp Steam Treatment	20 min	350
Anti-Oxidant Hot Spa Bath Treatment	20 min	230
Liquid Yoga Restorative Bath Soak	20 min	230

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### SKIN CARE TREATMENTS

*(Includes a personalised consultation, brow shape & a 10-minute foot, hand or scalp massage)*

#### BABOR

DOCTOR BABOR Skin Renewal Facial	60 min	1050
BABOR Men's Exclusive Skincare Treatment	60 min	790
BABOR Classic Facial & Executive Anti-Stress Back Massage	80 min	950
BABOR Express Cleanse	45 min	600
BABOR Classic Facial	60 min	870
BABOR Anti-Aging Facial Treatment	75 min	980
BABOR HSR/REVERSIVE Treatment	90 min	2200

Add-on Babor Treatments:

BABOR Mini "Ampoule Crash" (3-5 Ampoules)	150
AHA Peel	150

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### QMS MEDICOSMETICS

QMS Deep Cleansing Facial Treatment	60 min	720
QMS Med Deep Cleanse Facial Treatment	60 min	720
QMS Activator Treatment	75min	1020
QMS Classic Collagen Treatment	90 min	1180
QMS Pigment Corrector Treatment	75 min	1020

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### Mama Mio

Mama Mio Pregnancy Massage	55 min	700
Mama Mio Lucky Legs Lighten up	35 min	460

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### MANICURES AND PEDICURES

Deluxe Spa MediHand Manicure with Paraffin Wax or Nail Colour	60 min	330
Deluxe Spa MediHeel Pedicure with Paraffin Wax or Nail Colour	60 min	400
Express MediHand Manicure	45 min	300
Express MediHeel Pedicure	45 min	330
MediHeel Foot Treatment	30 min	200
MediHeel Peel – Heel corrector Treatment	15 min	100
French Manicure	75 min	390
French Pedicure	75 min	430

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### GINKGO LEAF COLLECTION

*A Collection of Treatments especially designed for those indulgent and invigorating moments*

<b>1. The Ginkgo “De-Stress-Express” - De-stressing tune-up after a long day</b> <i>Sauna or Steam, Hair &amp; Scalp Conditioning Massage, Back &amp; Neck Massage, Juice</i>	1hr 10min	770
<b>2. The Ginkgo “Renaissance” - The focus is on the body.</b> <i>Sauna or Steam, Express Manicure &amp; Pedicure, Swedish Massage, Juice</i>	2hrs 40min	1200
<b>3. Ginkgo “Time Out” – Few minutes of luxury Bliss!</b> <i>Babor Anti-Aging Facial, Aroma Massage, Express Manicure, Juice</i>	2hrs 50min	1600
<b>4. The Ginkgo “Debutante” - Treatments perfect for first-time Spa guests</b> <i>Desert Glow Exfoliation, Liquid Yoga Bath, Elixir Massage, Babor Classic Facial, Juice</i>	2hrs 55min	1800
<b>5. Ginkgo “Executive Renewal” - A Selection of Treatments for the professional</b> <i>Sauna, Aroma Massage, Deluxe Manicure &amp; Pedicure, Babor Anti-Aging Facial, Health Lunch</i>	5hrs 25min	2200
<b>6. Ginkgo “Tranquillity” - A wonderful day of extraordinary service and pampering</b> <i>Body Wrap, Liquid Yoga Bath, Elixir Massage, Babor Classic Facial, Deluxe Manicure &amp; Pedicure, Health Lunch</i>	6hrs 25min	2800
<b>7. Ginkgo “Mother-to-be” - Special treatments designed for expectant mothers</b> <i>Treatments are combined to induce relaxation and rejuvenation of tired feet, body and mind. Not for woman beyond eight months’ pregnancy. Treatments include a Mama Mio Omega Body Buff, Mama Mio Mellow Massage, Hair &amp; Scalp Massage, Babor Express Facial, Deluxe Manicure, Deluxe Pedicure, Health Lunch</i>	5hrs 50min	2500

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**GIFT VOUCHERS:** This is the perfect gift for any occasion. Please visit our website to purchase Gift Vouchers online.

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### Ginkgo Luxury Spa

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